



Be an Active Listener

1. BE PREPARED.

- Look over _____ the day before it is reviewed (PQRST).

2. LOOK AT THE SPEAKER.

- Watch for “_____” i.e. voice quality, hand motions
- Listen for “_____” i.e. therefore, however, secondly

3. BE _____. DON'T TALK, DOODLE, FIDGET, OR READ.

4. BE PATIENT.

- Listen to your _____ questions.
- _____ from fellow classmates.

5. TAKE PART IN _____. (Use Q&A sheet)

- This helps you stay interested.
- Note points the teacher _____.

6. TAKE NOTES!!!

- Keep your mind active; _____ as much as you write.

7. DO NOT ALLOW YOUR MIND TO _____.

- You create your own _____.
- Make a check on a separate paper each time you “catch” your mind wandering.
- Set a _____ to make fewer checks for each class time.